



CLUBS & SOCIETIES HANDBOOK









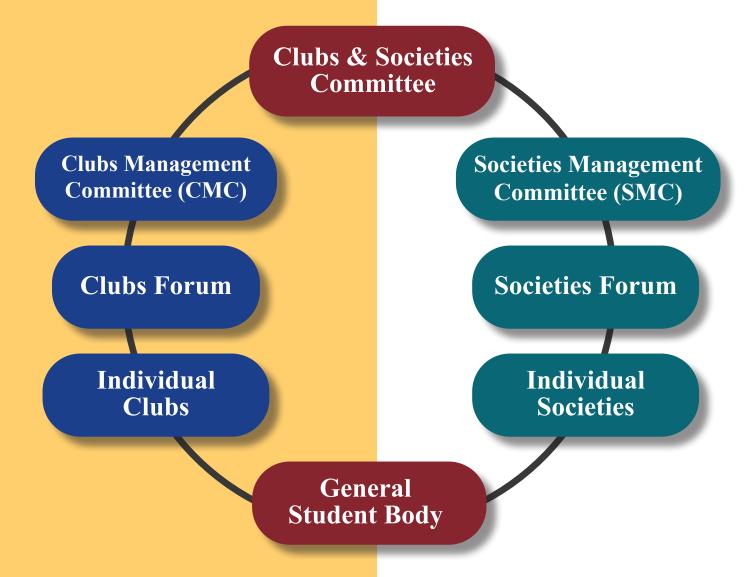


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Clubs & Societies Structure



Clubs & Societies Forums Purpose

- Clubs and Societies Budget Allocations, as ratified by the Clubs and Societies Committee, will be presented to the Forum at the earliest convenience;
- To advise the Management Committee of
- any or all issues that are relevant to the smooth running of society life on campus;
- Administration of this committee to be supported by the MU Clubs & Societies Office.

Clubs & Societies Management Committee (CMC and SMC)

Purpose

- To encourage, promote and develop club & society life on campus;
- Recommend clubs & societies budget allocation to the C & S Committee for approval;
- Initiate, Draft and Recommend Clubs & Societies policies or policy amendments for approval by the C & S Committee;
- Review and make decisions on Clubs & Societies Special Events applications. Decisions will be noted by the C & S Committee or can be appealed to the C &

S Committee;

- Recommend to the C & S Committee what societies are to be ratified (as new societies) or de-ratified each year;
- To oversee the decision-making process for the Clubs & Societies section of the Clubs & Societies Awards;
- To liaise with any national bodies (including BICS) in relation to matters that concern clubs & societies life.



Each committee has 7 student representatives and 2 staff members.

Any student can nominate themselves for any of those positions in early March every year. If they get the majority of votes, they will be deemed elected to the committee.

Clubs & Societies Committee

Purpose

- To provide oversight of the operation of university clubs and societies;
- To monitor any development plans for clubs and societies;
- To consider the formal ratification on the recommendation of the SMC and CMC;
- To approve specific annual budgets for each recognised Club or Society;
- To consider any risks, unforeseen or otherwise, that may impact the activities of Clubs and Societies;
- As far as is practicable, to ensure that the views of user groups as well as those of the University are considered;
- To brief the University on clubs and societies activity and expenditure.

Individual Clubs & Societies

Currently, there are 30 Clubs at MU, and each club should fall under one of the categories:

- Court Sports
 - ♦ E.g. Badminton, Basketball, Tennis.
- Field Team Sports
 - ♦ E.g. Ultimate Frisbee, American Football, Hockey.
- Individual
 - ♦ E.g. Athletics, Chess, Snooker.
- Martial Arts
 - ♦ E.g. Boxing, Judo, Kickboxing, Aikido.
- Outdoor/Adventure and Water Sports
 - ♦ E.g. MUCK, Rock Climbing, Surf.
- Development Sports
 - ♦ E.g. Soccer, GAA, Rugby, Golf.

Currently, there are 82 Societies at MU, and each society should fall under one of the categories:

- Academic
 - ♦ E.g. Computer Science, Maths, Deutsch.
- Civic, Social and Cultural
 - ♦ E.g. Access, Mature, Pride, Ukrainian.
- Faith
 - ♦ E.g. Christian Union, Catholic, Islamic.
- Interest & Hobbies
 - ♦ E.g. Disney, Lego, Tea.
- Performance
 - ♦ E.g. Drama, Dance, Musical.
- Political
 - ♦ E.g. Ogra Fianna Fail, Young Fine Gael, Socialist Party, Sinn Fein.



Constitution

– one of the most important documents of a club/society, containing fundamental principles of how it should operate and what the core purpose is. It can be found on the MU Life page, among other documents and should be read by every committee member.

Editable Articles

Articles 1 & 2: Name, Aims and Objectives

They explain what a club/society hopes to do and what its purpose for existing. Refer to it at the beginning of the year with the committee to make sure everyone is on the same page.

Non-Editable Articles

Article 3: Membership

It explains how to become a full member (student) or an associate member (staff and alumni) and what their rights are.

Article 4: Governing Executive Committee

It outlines positions/roles on the Governing Executive Committee (GEC) of a club/society. The GEC is responsible for organising and running events associated with the club/society. More about committee roles in Section 2.



The same person cannot hold the same position for more than two years.

Article 5: Election of the GEC

It explains how a student can be elected to a position on the GEC of a club/society.

Article 6: Duties of GEC

It gives an overview of the duties of each committee position. More about committee roles in Section 2. However, it is required to attend relevant training provided by the Clubs & Societies Office.

Article 7: Dismissal and Resignation of **Members**

It outlines what is required of a club/society to dismiss a committee member or when they wish to resign.



At the onset of any major disagreement within the committee, the Clubs & Socs Office should be informed.

Article 8: Meetings

It outlines different types of meetings held by a club/society and how those meetings should be run. More about meetings, including AGM/EGM, in Section 3.



If a club/soc requires clarification, please contact the Club & Socs Office.

Article 9: General Section

It outlines general rules and conditions, including:

- Inclusion of an Honorary President
- Membership Fee set according to MU Clubs and Societies Committee policy
- Members are entitled to a copy of their club/society's constitution
- Where there is a clash, the MU Clubs and Societies Committee Rules and Regulations take precedence over the individual club or society constitution.
- Members agree to be bound by the rules and regulations of the club/society committee.

Article 10: Amendments to the Constitution

It outlines what is required to make any changes to the constitution.

Any suggested changes should be



emailed to the Clubs & Socs Office, (email: clubsandsocs@mu.ie, for circulation to the Societies Management Committee or Clubs Management Committee before notifying members for a vote.

COMMITTEE ROLES



Committee Roles



President

The Leader

- Lead the committee: supporting and overseeing work;
- Keep track of aims and objectives;
- Submit Trip Away form on MU Life;
- Safety and Wellbeing of Members ensuring activities/trips are safe and inclusive and creating a positive community;
- Dignity & Respect ensuring acceptable behaviour from the committee and general members;
- Complete MU Event Management Plan for events on and off campus along with PRO/ Event Officer.



- Take Minutes during committee meetings and upload them to MU Life;
- Compose, send, and receive mail. Keep committee and members up to date. P.S. Don't forget to protect members' data by putting their emails in BCC;
- Be in charge of Room Bookings on MU Life.
- Assist PRO with organising fundraising events and sponsorship where needed.



Treasurer

Financial Controller

- Be in charge of changing signatories on the bank account by submitting the Bank Mandate:
- Managing finances (please read the "Money Matters" Section):
 - ♦ Authorising committee's expenses;
 - ♦ Paying invoices, uploading receipts/
 - ♦ Making sure every member reimbursed:
 - ♦ Ordering gear/equipment.
- Create budgets for Intervarsity/Events;
- Keep cash balances up to date;
- Apply for Special Events/Equipment;
- Apply for End of Year Budget Application (please read the "Money Matters" Section).



Public Relations Officer

- Promote all events via all means (make sure to familiarise yourself with Policies: Posters&Promotional Material Guidelines and Social Media Policy;)
- Update Events, News, Activities and Fixtures on MU Life and Social Media pages;
- Take photos and videos of events!
- Complete MU Event Management Plan for large events on and off campus along with the President.



Other Committee Roles

Some Clubs and Societies require additional committee roles to make it easier for other committee members to run the organisation smoothly.

Some of those roles include:

Vice President

- Assist the President and other committee members when required;
- Lead the committee, including committee meetings when the President is unavailable.

Equipment Officer

- Responsible for fixed and current assets of a club/society;
- Should maintain a record of fixed and current assets of a club/society.

Event Officer

- Be in charge of Room Bookings on MU Life instead of the Secretary;
- Complete MU Event Management Plan for events on and off campus along with President/PRO.
- Create budgets for Events along with the Treasurer/President;
- Promote events with the PRO;
- Accompany Event Plan with Contracts if applicable.

Social Media Officer

- Update all Social Media pages as agreed with the PRO;
- Post events to MU Life as agreed with the PRO;
- Take photos and videos of events!

First Year Representative

 Represent the interests of all first-year students in the club/society.



All Committee Members

- Committee members of your club/society are ambassadors for MU;
- You are accountable to your members for what happens and what doesn't happen within your club/society;
- You have an obligation to ensure the safety and inclusivity of each member;
- You are required to attend relevant training and complete relevant documentation.

10 Committee Roles

Requesting a Committee Position

All committee members should be signed up as such on the MU Life club/soc page to be recognised as committee members and have access to all managing tools the website has to offer.

The current committee should share the following steps:

- 1. The new committee member must be an active member of your club/society;
- 2. Share the committee PIN with the new committee member (if you forget it, you can access it on your Club/Society Details page at the very bottom);
- 3. They must log in to their MU ife account, this will bring them to their Memberships page;
- 4. On that page, they should find the row with your club/society;
- 5. At the very end of the row, they should click

- 6. At the drop-down menu, they enter the committee PIN and complete the committee request form;
- 7. If they are not the President, they should answer **NO to 'Becoming The Admin'**, and the current committee will have to approve. Otherwise, the request will be sent straight to the Clubs & Socs Office.



Committee

If you have any queries, please contact the Clubs & Societies Office



Teamwork

Effective teamwork is essential for fostering a friendly, welcoming environment in every club/society. People are at the very core of what clubs and societies do and stand for. Here are some things to consider:

Clear Communication

Have regular meetings and share updates and progress with each other.

Support and Recognition

Acknowledge and appreciate the efforts of every committee member. Celebrate achievements, both big and small, and offer support during challenging times.

Active Listening

It is normal for conflicts to occur. Taking a step back to listen to each other is a great way to reach a compromise.

Respect for Diversity

Every person is different and has a unique worldview. Creating an inclusive environment where everyone feels valued and heard will only benefit everyone.



Contact the Clubs & Socs Office if any issues arise.



If you have any queries, please contact the Clubs & Societies Office



Committee meetings

It is advisable for a club/society to hold regular committee meetings to make sure everyone is aware of everything that is planned and to ensure effective communication and collaboration. Every decision is voted for democratically.

Before

- An agenda should be created by the President, including any items other committee members have submitted;
- Two-thirds of the committee members should be present;
- ☐ Do not forget to book a room.

After

☐ The Secretary should type up and upload the minutes.

Keep them brief, summarising the key points and actions taken so it will be easy to refer to in the future.

During

President

- ☐ Chairs the committee meetings;
- ☐ They have an ordinary vote, but in the event of a tie, they have a casting vote.

Treasurer

- ☐ Deals with finances;
- Advises on what a club/society can or cannot afford during the event planning stage.

PRO

Deals with event promotion and is responsible for coming up with a plan to promote events and discussing it with the team.

Vice President

Assists the President in all their duties.
If the President is absent, they chair the meeting.

Secretary

- Updates members on emails and keeps minutes of every meeting a club/society holds (including AGM and EGM).
- ☐ The template for minutes taking is on MU Life, and every meeting should be recorded and submitted to the MU Life Minutes page.

Common meeting problems

Lack of clarity

The President should clarify or sum up all issues for the purpose of the attendees and the minute taker.

No follow-up

Make sure actions are clearly identified and allocated to individuals.

Lengthy Meetings

Agree on a finishing time at the beginning of the meeting, and do not let people trail off.

Too little involvement

Make sure everyone has a chance to share their point of view. If someone is overbearing, ask them to let others have some input. Agreeing on meeting rules or a protocol at the first meeting may help.

Lack of understanding

Make sure people are given the information they need to make a decision on an issue.



Only delay decisions if more information is genuinely needed.

AGM or EGM?

Annual General Meeting

 a meeting which should be held before the end of the second semester to:

- Democratically elect the committee;
- Inform the members of previous events (if the meeting is held at the end of the year) or future events (if the meeting is held at the beginning of the year, the idea is to welcome new members);
- Handover of any relevant documents, including annual reports, handover documents and finance reports.

Extraordinary General Meeting

Is held if:

- 10% of ordinary committee members quorum request it in writing **or**
- The Governing Executive Committee request it in writing **or**
- A committee member leaves and there is a need for a replacement.

COMMITTEE MEETINGS



Money Matters

Bank Mandate (change of signatory)

At the end of each year, if the committee members change, the Bank Mandate should be completed and handed to the local AIB branch. If the signing committee has not changed, you should let the Clubs & Socs Office know that your Bank Mandate stays the same.

The Bank Mandate must be completed at least by the President, Treasurer and Secretary. It is preferable to have 4 signatories.

However, tick box "any 2", meaning that just two signatories are enough to sign a cheque or withdraw money. Also, the Bank Mandate should be accompanied by a letter from the Clubs & Socs Office.

When going to the bank, take proof of identity (student ID is enough) if you are an AIB customer. If not an AIB customer, you are required to take your passport and proof of address.

Completing the Bank Mandate

- 1. MU club/soc name as per bank statement
- 2. Bank account number (see bank statement on MU Life)
- 3. The date you became the official committee
- 4. Each signatory name

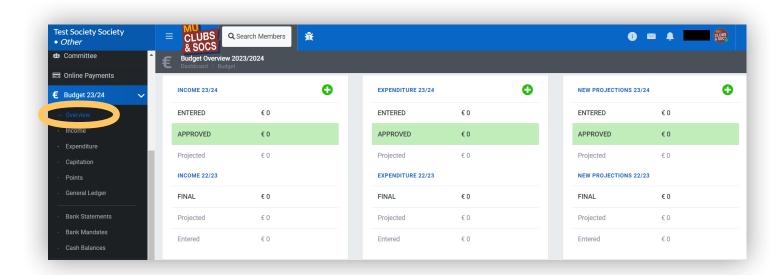
- 5. Permanent address of each signatory
- 6. Signature
- 7. Tick box "any 2" any two people out of signatories can authorise spend
- 8. Secretary & President Sign & Date

Budget



Capitation is the money given to a club/society at the beginning of the year. Be sure to monitor your income and expenditure.

Budget Overview page gives a quick overview of your club or society income, expenditure, capitation awarded and membership income.



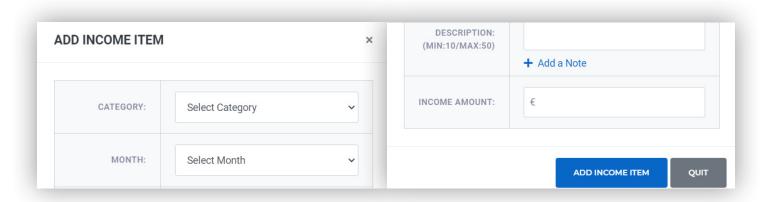


Income is any money that the club/society raises apart from the capitation awarded, e.g., memberships, sponsorships, fundraisers, etc.



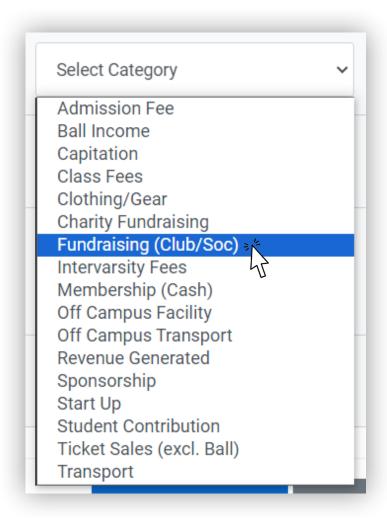
Clubs & Socs Office encourages students to seek sponsorships.

Step 1: Click "+" or "Add Income Item"

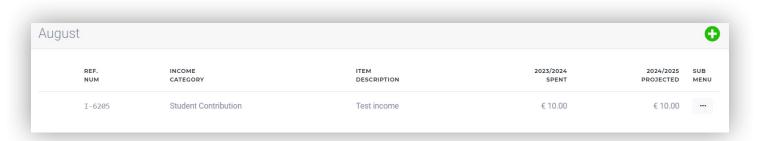


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Step 2: Choose the type of income



Step 3: Fill the rest of the information

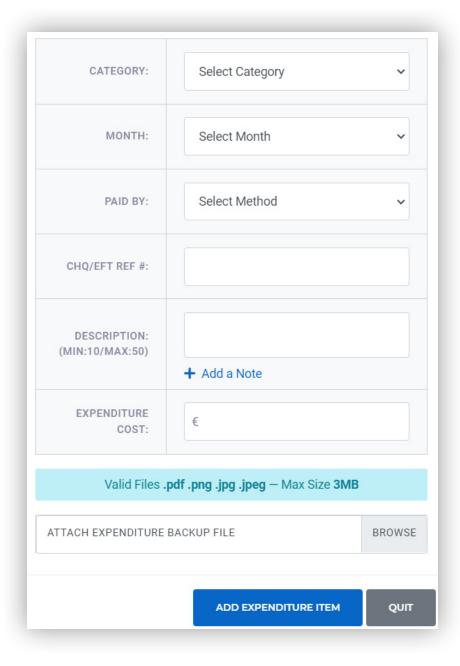






Any money that a club/society spends must be accounted for and backed up by correct paperwork, e.g. invoices or receipts on MU Life.

Step 1: Click "+" or "Add Expenditure Item"



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Step 2: Choose the type of expenditure

Select Category

Select Category

Accommodation

Admission Fee

Advertising

Affiliation Fees

Awards/Gifts/Prizes

Ball Expenses

Bank Fees

Charity Donation

Clothing/Gear

Coaching (Uni-jobs)

CS Awards Tickets

Coaching (Self-employed)

Equipment Hired

Equipment Purchased

Food *

Guest Pees

Laundry/Cleaning

Off Campus Facility

Off Campus Transport

Parking Permits

Physio

Printing

Referees

Rights for plays

Supplies

Tournament Entry Fees

Training Fees

Transport/Travel

Video Analysis

Withdrawal

Step 3: Fill the rest of the information



After every event you spend money on, all the receipts should be uploaded to MU Life in full! No cropping, no blur, always full receipt to make sure it is approved by the Clubs & Socs Office. It is advisable to use applications like CamScanner to ease the process.

Examples of acceptable receipts:

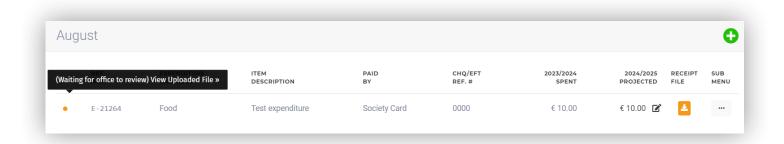
- Detailed Till receipts (no credit card machine receipts);
- Accommodation receipts (showing the number or rooms/persons/days);
- Intervarsity Entry fees email from hosting club /university email;
- Flight purchase costs;
- Train or bus tickets.

Step 4: Approval of Receipts and Invoices

All Receipts and Invoices uploaded to MULife will be reviewed by the Clubs and Societies Office on a daily basis.

Proper Receipts and Invoices will be approved.

Invoices and Receipts that are not correct will be rejected, and an explanation as to why they have been rejected will be given.





Invoices should display the Company's Name, Address and contact details. Invoices should be addressed to the Club or Society.

Acceptable invoices include:

- VAT Invoice not a Pro Forma or Order Forms;
- Online purchase invoices from sales websites.



Capitation Funding

- the name given to the Funding that the University give to Clubs and Societies to run for the year.

Capitation Funding can be spent on specific categories, and here is the list to check if your idea can be funded by capitation (This is not a full list. The full list can be accessed in the Policy on Capitation Expenditure):

Do's

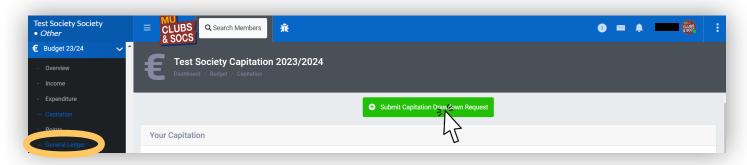
- Affiliation fees;
- Entry fees;
- Competitive gear;
- Clothing/Hoodies subsidised;
- Accommodation;
- Transport;
- Items core to the running of your club/society.

Don'ts

- Alcohol (incl. prizes & vouchers);
- Balls;
- All expenditure un-related to the core operations of your club/society;
- Expenditure on unlawful or inappropriate activity.

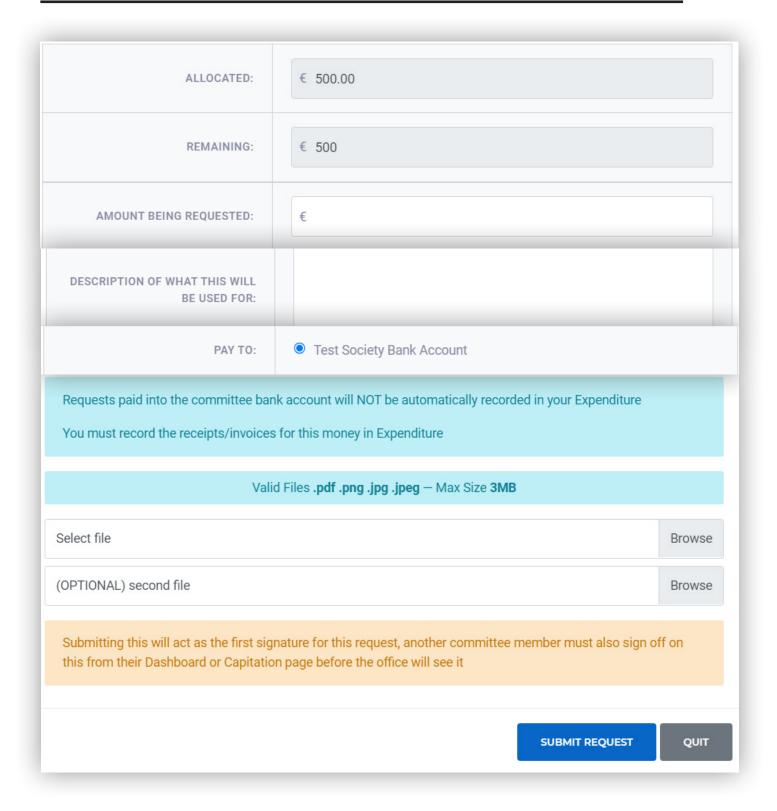
How to Request Capitation transfer

Step 1: Open Capitation and click "Submit Capitation Drawdown Request"



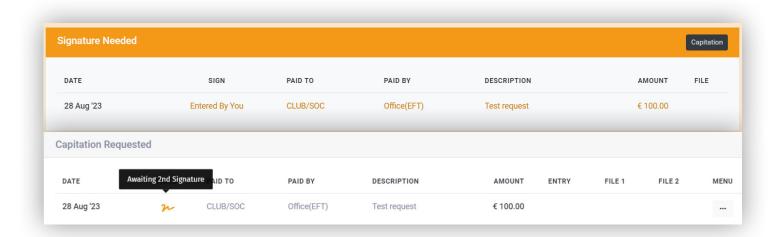
If you have any queries, please contact the Clubs & Societies Office

Step 2: Fill out all available information



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Step 3: Another committee member has to sign the request



Step 4: Wait for an email approving or denying the request



For further information on capitation funding, please visit the Policy on Capitation Expenditure.

Don't forget that it should be signed by two committee members!



Other Funding Available

- Special Events
- Special Equipment
- Hosting IV's, Non-Annual Events, Equipment; Not day-to-day expenses;

Please call to the Clubs & Socs Office or email Mary MacCourt (mary.maccourt@mu.ie) or Mary Banahan mary.banahan@mu.ie for more information.



Special Events Funding

Only exceptional events can be funded this way. To access the funding, the club/society should download the form from MU Life and fill in as much information as they can. Clubs should email the completed form to Mary MacCourt (mary.maccourt@mu.ie), and Societies should email their completed Form to Mary Banahan, mary.banahan@mu.ie, by 12 noon on Monday of each week and **two** weeks in advance of the event.

Each application must be accompanied by proper quotes, etc.

Clubs and Societies bank balances will be considered when applying for this fund.

Don't forget to update the MU Life Budget page before submitting the application.

Qualifying criteria

- 1. Hosting intervarsity.
- 2. Competing in the Semi-Final and Final stage or penultimate stage of competitions.
- 3. International Trips (an irregular event, not annually).
- 4. International/National representation.
- 5. Unforeseen Trip.
- 6. Profile Events.
- 7. Extraordinary/miscellaneous Events.
- 8. Increased Engagement.



Special Events Funding is **not guaranteed** – decisions are subject to guidelines and funds available.



Special Equipment Funding

Only non-day-to-day equipment can be funded this way. To access the funding, the club/society should download the form from MU Life and fill in as much information as they can. Clubs should email the completed form to Mary MacCourt (mary.maccourt@mu.ie), and Societies should email their completed Form to Mary Banahan, mary.banahan@mu.ie, by 12 noon on Monday of each week and **two weeks in advance** of the event.

Don't forget to update your MU Life Budget page before submitting the application.

COMMITTEE MEETINGS

Qualifying criteria

- 1. Long-term capital equipment. E.g. volleyball posts, trampoline, broadcasting equipment.
- 2. Special Equipment Funding is not intended for annual equipment/purchases such as footballs, jerseys, hoodies, etc.



Special Equipment Funding is **not guaranteed** – decisions are subject to guidelines and funds available.



How to Apply for Budget

Second Semester: Around April-May, the committee will submit a budget application for the following academic year.

	Clubs & Societies must record their income and expenditure on MU Life for		costs and include them in their MU Life final budget submission.
	their current academic year. Clubs & Societies should ensure that there are no unreceipted or rejected ex-	_ I	Quotations must be uploaded via MU Life in the normal way for all new enered costs.
	penditures outstanding for the academic year (to avoid loss of funding on these amounts for the next year). Clubs & societies may, as part of the bud-	p t	Clubs & Societies must complete the points section of the budget application on MULife to safeguard maximum potential funding allocations.
_	get process, submit new expenditure projections or increase existing expenditure. for the purpose of forecasting expenditure items in their Income & Expenditure for the next academic year.		Clubs & Societies must click the sub- mit button for the budget on MU Life once they have fully completed their own review and must do so before the deadline date.
	Clubs & Societies must also provide supporting quotations for any new/increased		



Organising Large events

Planning an important event

- 1. Brainstorm and develop an event con**cept beforehand**. There is no such thing as starting too early. It will save the whole committee so much time, nerves and resources. Make sure to ask the following questions:
 - a. Is it worth it? Will organising the event be worth the impact it will have?
 - b. Can we do it? Do we have enough people, time and resources to make it happen?
 - c. Can we pay for it? Will we have enough money after the event to run the Club/Society until the end of the academic year?
- 2. Create an event organising committee;
- 3. Health and Safety Considerations (8) weeks or earlier). Large event has to have certain paperwork approved by Clubs & Socs Office:
 - a. The key is the Permission. Large events have to be approved by Clubs & Socs Office:
 - b. Event Management Plan should be completed beforehand, assessing and reducing risk as much as possible. This form should be submitted on MU Life and approved by Clubs & Socs Office:
 - c. Insurance and Fire Safety should be

- in place and signed by the venue owner if the event is held off the campus.
- d. First Aid should always be available for the duration of the event.
- 4. Financial plan or Sponsorship (estimate is 6 weeks). Discuss and determine how much money you need and can spend on the event. If appropriate, do your best to cover the cost of the event with various sponsorships and pre-sold tickets.
- **5. Venue booking**. There are two types of venues you can book: on-campus or off-campus.
 - a. On-campus venues include rooms in different buildings, sports halls in the Phoenix Building, pitches and courts. For more information, please refer to the next section, "Booking on MU Life".
 - b. Off-campus venues. When choosing an off-campus venue, seek advice and reviews. Also, make sure it is suitable financially and location-wise. When booking a large venue, for example, for a ball, it is crucial to contact the Clubs & Socs Office before a deposit is paid and a contract is signed (All Clubs & Socs organising a ball should contact the office at the beginning of the academic year).
- **6.** Equipment hire if needed.
- 7. Finalise plans. About 3 weeks before the event, all major aspects should be ready.
 - a. If this is a large event with tickets, this

- stage allows a possible cancellation or scaling back of the event with minimal losses before any major payments are made.
- b. Once everything is finalised, it is time to decide how to sell the tickets, including which online platform to use for pre-selling tickets and how to promote the event to have a greater turnout.
- c. A content calendar is very useful for the PRO to ensure what and when they are posting. Also, this allows for consistent promotion.
- **8.** Contingency. It is important that last-minute changes or large-scale emergencies be dealt with immediately.
 - a. If the issue is more serious, the committee must stand back and objectively analyse the information at hand. Your responsibility lies in ensuring that the event is also safe and sustainable.
 - b. If the event is beginning to look risky beyond your control (inclement weather) or will have a major negative effect on the club/society in the future, it is crucial to re-evaluate its viability.
 - c. If you are unsure about how to deal with a certain situation, contact the Clubs&Socs Office.

After the event

Complete	paperwork.
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- Upload all outstanding receipts and pay all the debts as soon as possible.
- Discuss with the committee what went well, what needed more work, and what lessons were learned. This will help you in the future to plan better.
- ☐ If you had sponsors, send them an event summary and a thank you letter.
- Thank all attendees on social media and post pictures and videos.



Room bookings on-campus

Before booking a room, the committee needs to discuss what event they are hosting and what are the needs of said event. After finalising the needs, you can download the MU Teaching Room Details spreadsheet, where all specifications of each room are highlighted. Also, each room has a link to a photo of that room.

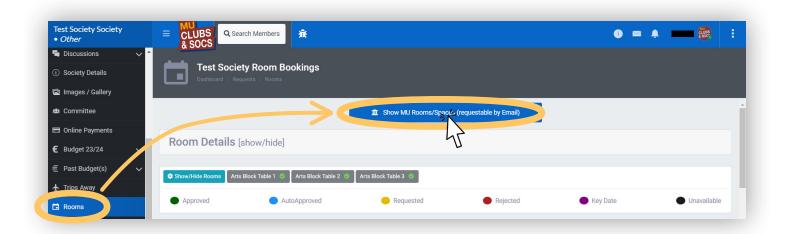
If you are unsure where each room is, please refer to the map of MU. At last, it is best to check room availability before booking using the timetable and book in advance to avoid date clashes.

Most campus spaces can be booked using MU Life. MSU spaces can be booked using their booking website.

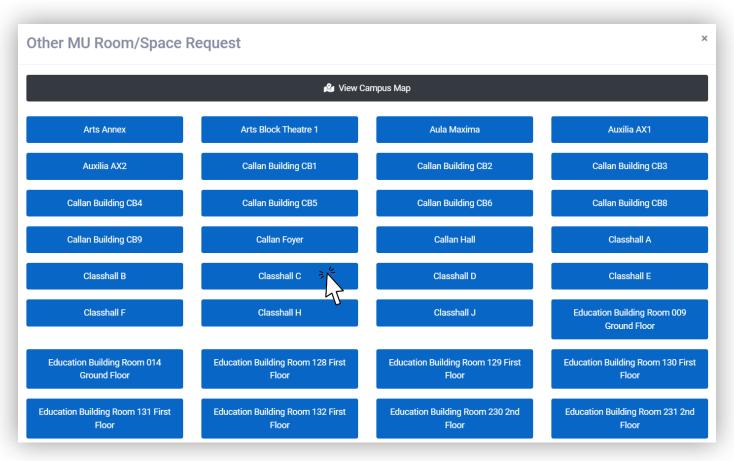


Booking on MU Life

Step 1: Open "Rooms"



Step 2: Choose desired room



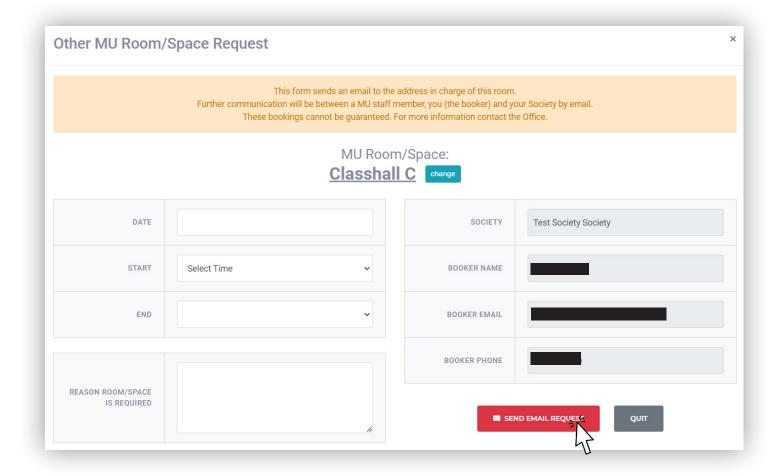
If you have any queries, please contact the Clubs & Societies Office

28 Organising Events

Step 3: Enter relevant information



Events before 6 p.m. and after 6 p.m. are booked with different departments. Therefore, if you would like to book an event between those hours, for example, 5-7 p.m., please book the same event for 5-6 p.m. and 6-7 p.m. separately. However, there is no guarantee that the same room will be available.



Step 4: Wait for an email

After receiving relevant information, the Clubs & Socs Office will send you an email confirming or denying the room booking before 6 p.m. Reservations will contact directly for bookings after 6 p.m. The reason will be stated there as well. It is advisable to book a room a couple of days in advance for the Office's convenience and to make sure there is an opportunity to book another room if that one is already taken.



Grand Event Checklist

Developed the concept and assessed	Tickets are printed or online and ready for sale.
the event's viability.	Promotional plan in place and timetable for
Completed an 'Event and Finance	ticket sales.
Plan' or a 'Ball Event and Finance	Double-check with all stakeholders expected
Plan'.	on the night to confirm their attendance, set up
Met with the team in Clubs and Sos	times, sound checks (medics, security, speak-
Office to discuss its viability.	ers, etc.),
Health and safety criteria met, risk as-	Pre-event meeting with all organisers and vol-
sessments completed, and necessary	unteers completed.
insurance sought.	Photographer/videographer confirmed.
Sponsorship sought and detailed finan-	During the event, remove, count and secure
cial plan completed.	cash from ticket sales at the door regularly.
Venue decided upon.	Make sure two people are tasked with this job
Necessary equipment researched,	to provide accountability and certainty.
priced and booked.	Assess and take note of any issues that arise on
Confirm all major components are in	the night and report any damage to equipment.
place before the event is promoted.	Pay all outstanding invoices.



If you have any queries, please contact the Clubs & Societies Office

ORGANISING EVENTS





Keep in mind that at the end of the year, everything the individual or a club/society did can be submitted for Clubs & Socs Awards.

Societies

- Best New Society
- Most Improved Society
- Best Society
- Best Society First Year
- Society Person of the Year
- Society Event of the Year

Joint

- Best Poster
- Best Social Media Post
- · Best Video
- Charity and Civic Awards

Clubs

- Most Improved Club
- Best Club
- Best First Year Athlete
- Athlete of the Year
- Club Executive of the Year
- Best Club Event



MUSE MUSE Awards

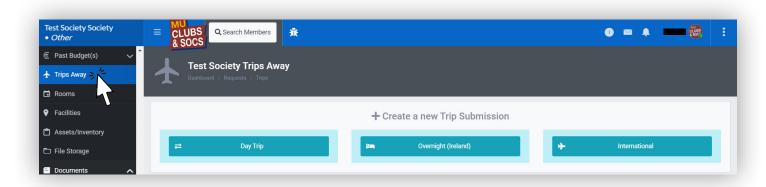


At the end of the year, each committee member can apply for the MUSE Award, which recognises and rewards student contribution to extracurricular and co-curricular activity, including Clubs & Socs involvement. General information is available here.

The application is available on Moodle.



Every trip away should be submitted on MU Life.

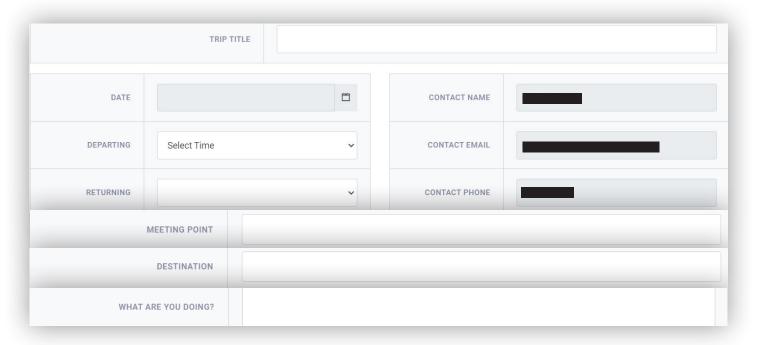






Day Trips do not have to be approved by Clubs & Socs Office.

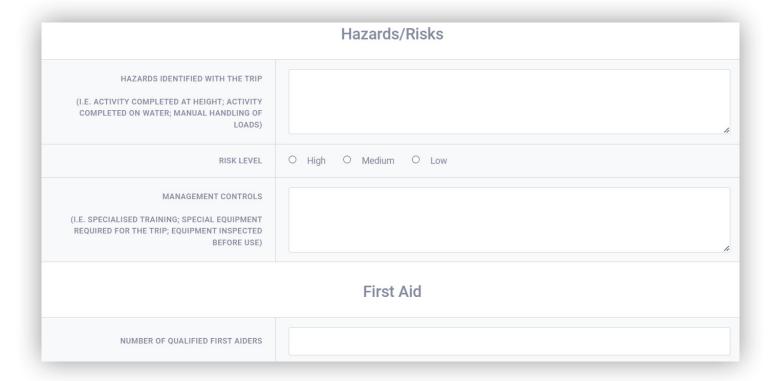
Step 1: Enter all details about the trip



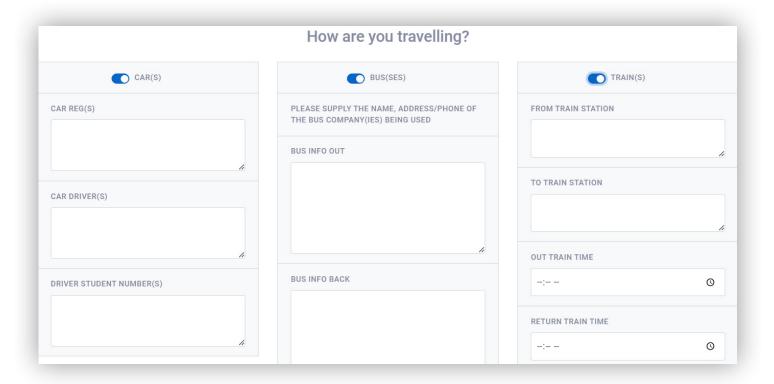
If you have any queries, please contact the Clubs & Societies Office

TRIP AWAY

Step 2: Evaluate all risks and first aid



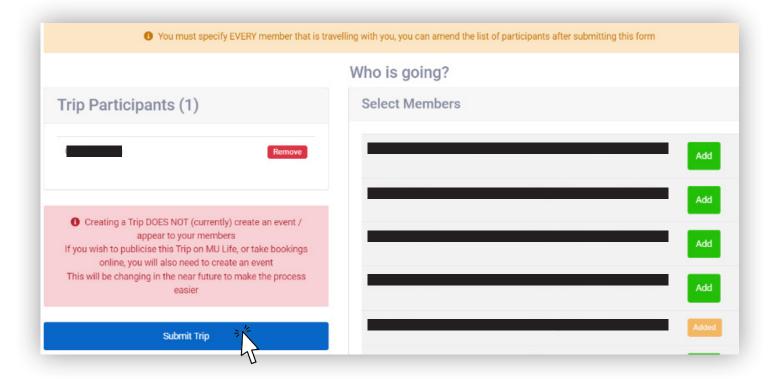
Step 3: Elaborate on the transportation



Step 4: Add everyone who is going



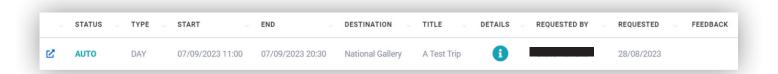
Every person going on a trip should be a member.



Step 5: Submit Trip



Day Trips will be automatically approved.



Step 6: Create an event if you wish to publicise it or take bookings

34 Trip Away

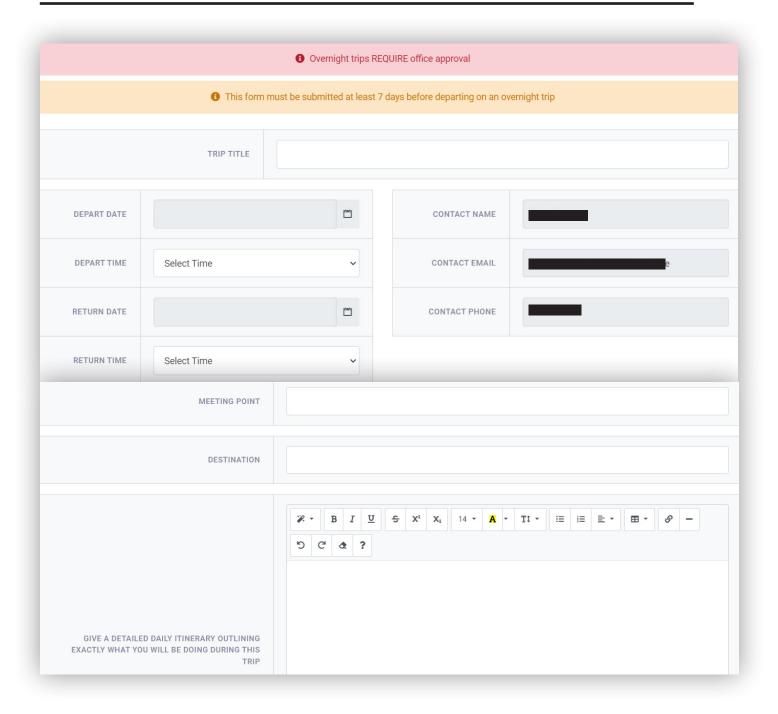


Overnight Trips



Overnight Trips have to be submitted at least 7 days before the trip to be approved by the Clubs & Socs Office.

Step 1: Enter all details about the trip



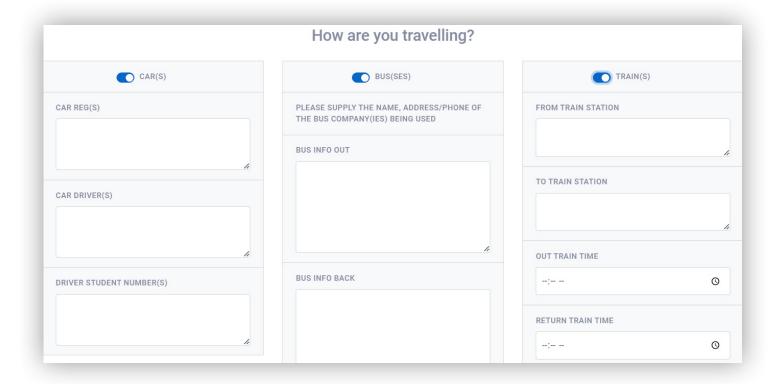
Step 2: Evaluate all risks, first aid and travel insurance

Travel Insurance					
IS TRAVEL INSURANCE REQUIRED?	O Yes O No				
Hazards/Risks					
HAZARDS IDENTIFIED WITH THE TRIP (I.E. ACTIVITY COMPLETED AT HEIGHT; ACTIVITY COMPLETED ON WATER; MANUAL HANDLING OF LOADS)					
RISK LEVEL	O High O Medium O Low				
MANAGEMENT CONTROLS (I.E. SPECIALISED TRAINING; SPECIAL EQUIPMENT REQUIRED FOR THE TRIP; EQUIPMENT INSPECTED BEFORE USE)					
First Aid					
NUMBER OF QUALIFIED FIRST AIDERS					

Step 3: Elaborate on the accommodation and transportation

Where are you staying?							
HOTEL/HOSTEL NAME(S)	HOTEL/HOSTEL ADDRESS(ES)	HOTEL/HOSTEL PHONE(S)					
	6						

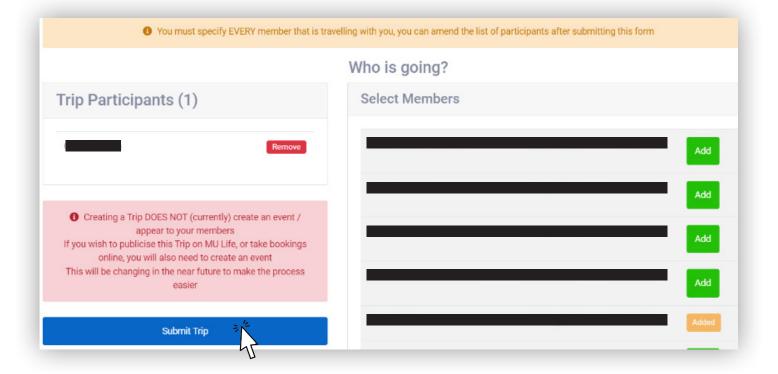
Trip Away



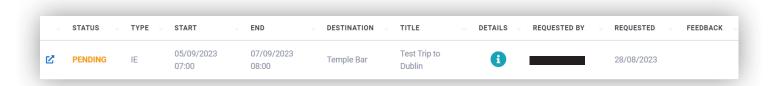
Step 4: Add everyone who is going



Every person going on a trip should be a member.



Step 5: Submit Trip and wait for an email approving or denying the request



Step 6: Create an event if you wish to publicise it or take bookings



Only do so after the trip is approved.

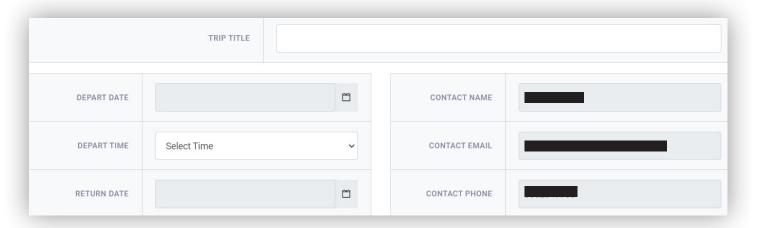


International Trips

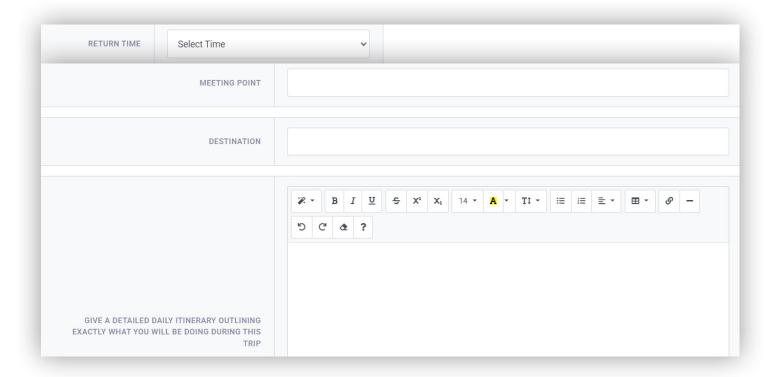


International Trips have to be submitted at least 28 days before the trip to be approved by the Clubs & Socs Office.

Step 1: Enter all details about the trip



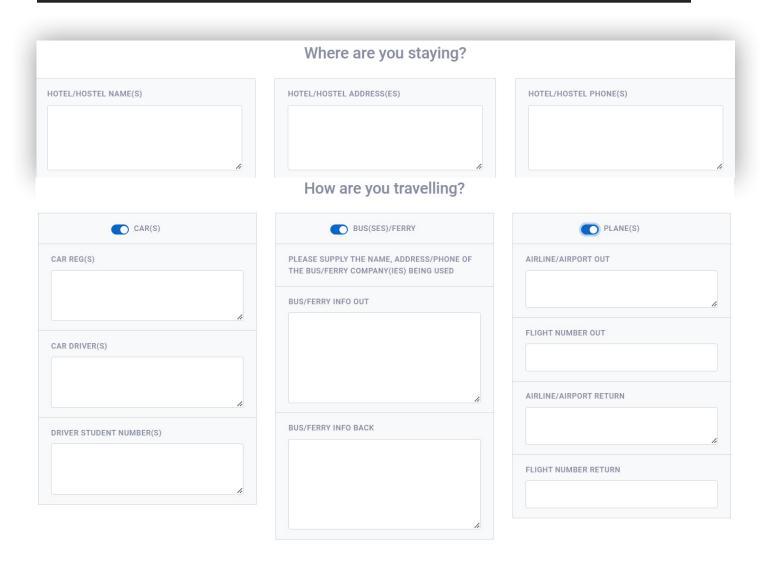
If you have any queries, please contact the Clubs & Societies Office



Step 2: Evaluate all risks, first aid and travel insurance

Travel Insurance	
IS TRAVEL INSURANCE REQUIRED?	O Yes O No
Hazards/Risks	
HAZARDS IDENTIFIED WITH THE TRIP (I.E. ACTIVITY COMPLETED AT HEIGHT; ACTIVITY COMPLETED ON WATER; MANUAL HANDLING OF LOADS)	
RISK LEVEL	O High O Medium O Low
MANAGEMENT CONTROLS (I.E. SPECIALISED TRAINING; SPECIAL EQUIPMENT REQUIRED FOR THE TRIP; EQUIPMENT INSPECTED BEFORE USE)	
First Aid	
NUMBER OF QUALIFIED FIRST AIDERS	

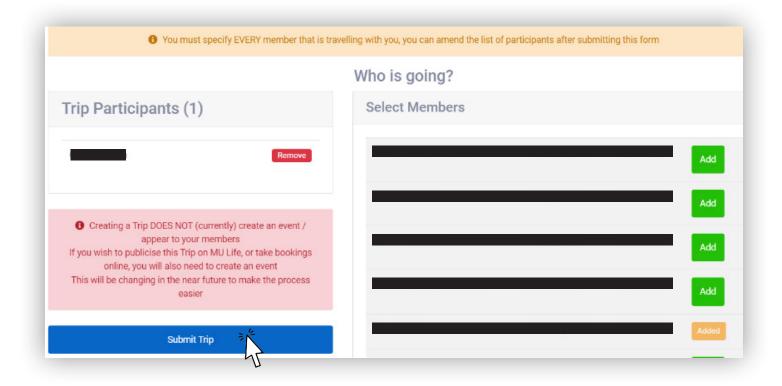
Step 3: Elaborate on the accommodation and transportation



Step 4: Add everyone who is going



Every person going on a trip should be a member and be over 18.



Step 5: Submit Trip and wait for an email approving or denying the request



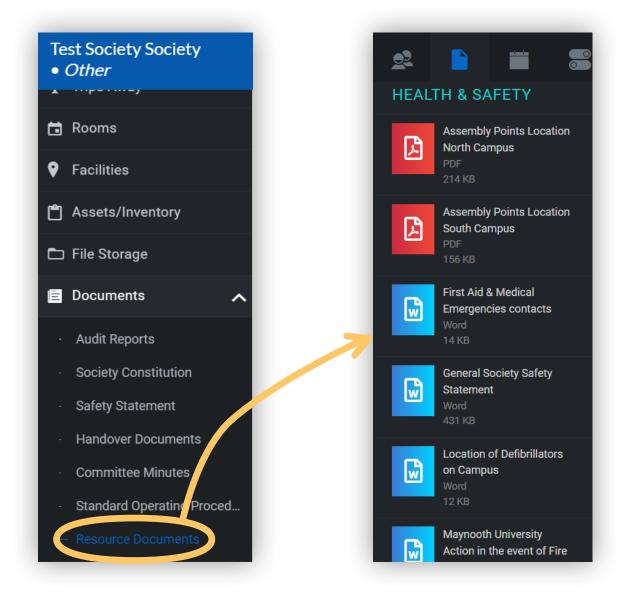
Step 6: Create an event if you wish to publicise it or take bookings



Only do so after the trip is approved.

Health & Safety

All Health and Safety documents can be found on MU Life in the Resource Document Section.



There can be found such documents:

- Assembly Points Location on North and South Campus;
- First Aid & Medical Emergency contacts;
- Location of Defibrillators on Campus;
- How to Act in the event of Fire;

Also, there are multiple support services available on and off campus. If you or anyone you know is in distress or struggling with managing stress, please refer to the Supports Poster in English or as Gaeilge.

42 Health & Safety



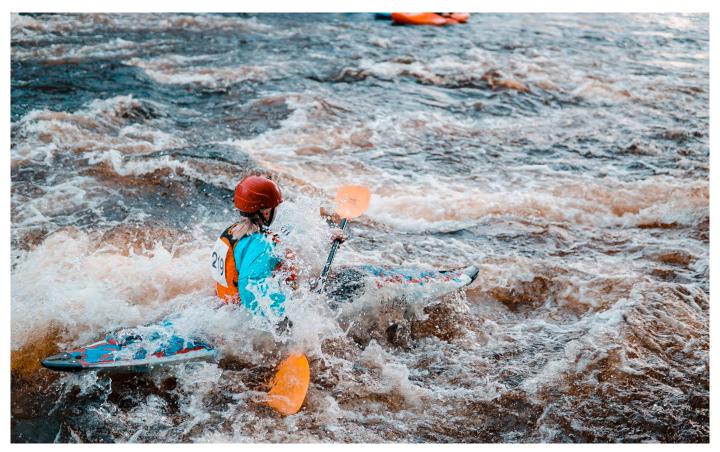


Each Club and Society should upload the Safety Statement on MU Life and have it approved by the Clubs & Socs Office.



The form can be found in Resource Documents:

- Society Safety Statement:
 - ♦ General Template;
 - ♦ Artistic & Performance Societies Template;
- Clubs Safety Statement Template.



If you have any queries, please contact the Clubs & Societies Office

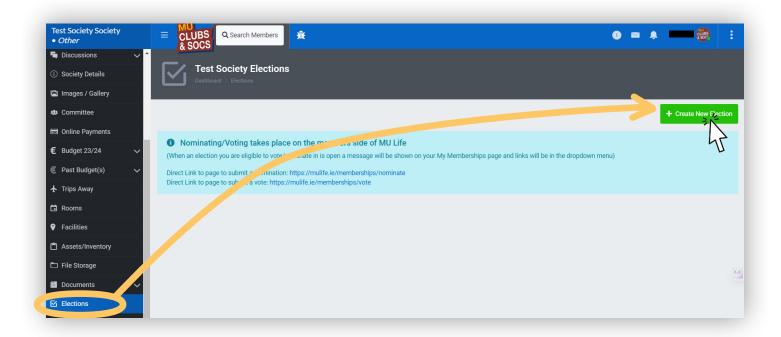




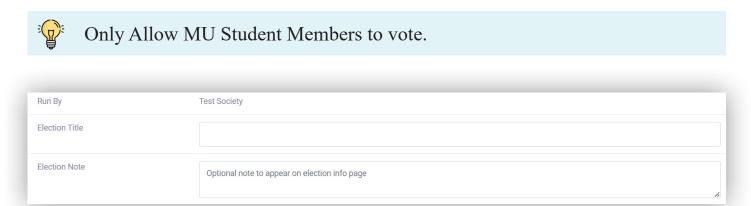
At the end of the year, an election should be held to elect committee members democratically.

Clubs & Socs Office encourage the elections to be held on the MU Life website.

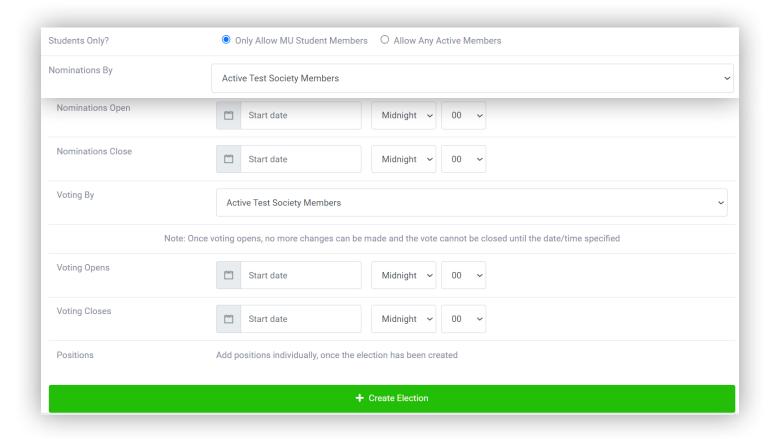
Step 1: Open Elections on MU Life



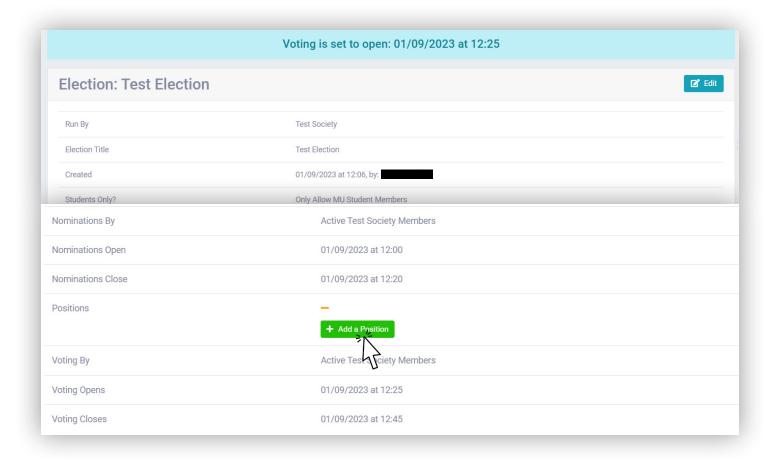
Step 2: Fill in all information



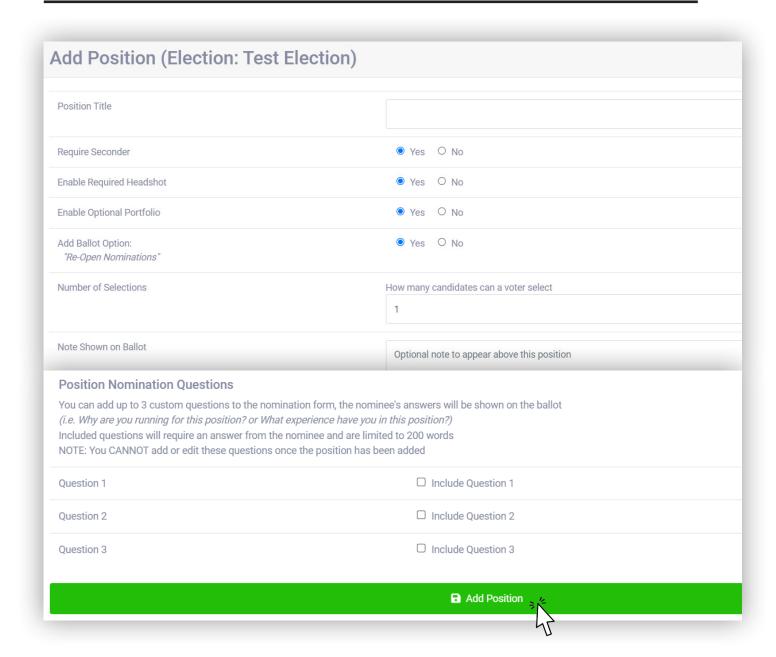
44 Elections



Step 3: Add a position



Step 4: Fill in all information

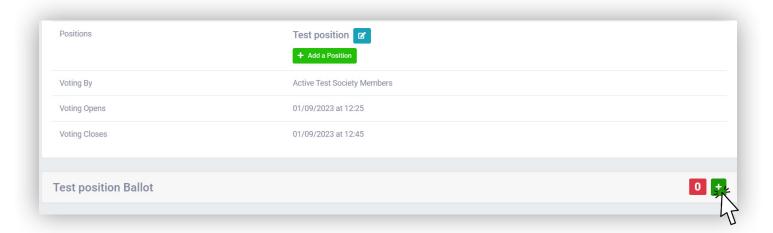


Step 5: Announce the nominations

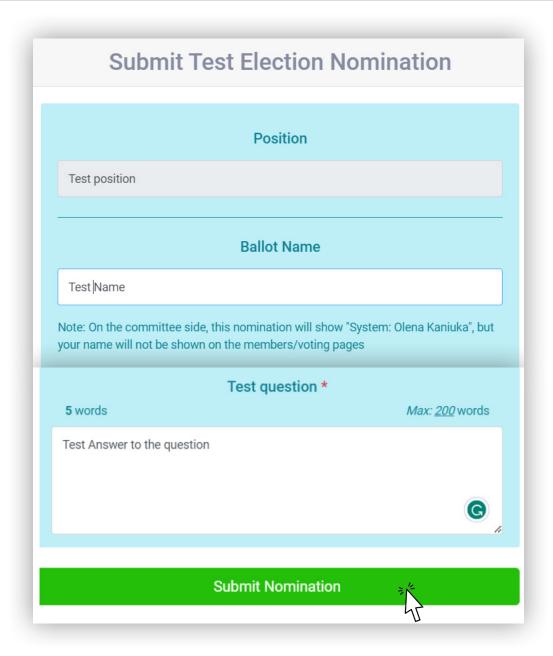


Regular members can nominate themselves on the MU Life nominations page. Committee members can nominate themselves either like regular members or by clicking "+" on the elections page.

46 Elections



Step 6: Nominees have to fill in a form



Step 7: Announce the election opening



It is advisable to open nominations before the AGM, during the AGM, let every nominee speak and explain why others should vote for them. Afterwards, open the elections for the members to vote for their preffered candidate.





If you have any queries, please contact the Clubs & Societies Office

48 Checklists



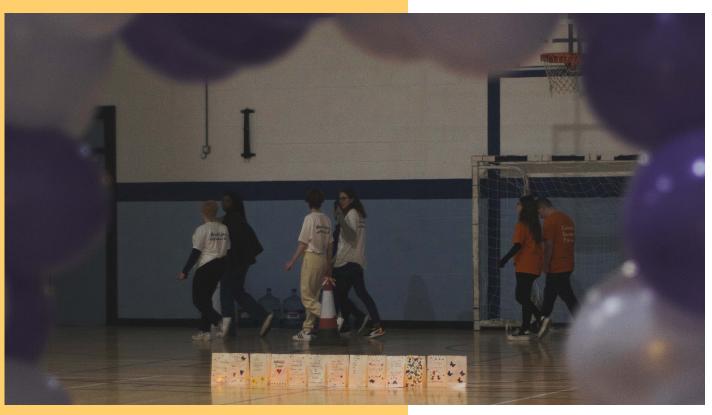
Preparation Checklists

Beginning of Year

- ☐ Register all committee members on MU Life;
- Familiarise yourself with your MU Life page and update if needed;
- Read the Constitution to understand the aims and objectives of your club/society;
- Read relevant handover documents to understand what was expected of your role and if the outgoing committee left any advice;
- ☐ Ensure your clubs/society's emails and social media DMs are checked regularly;
- ☐ Have a first meeting with the committee, plan the budget and events;
- ☐ Set time aside for Fairs Day and plan who will be at the stand at what time;

End of Year

- ☐ Hold an AGM and vote for the new committee;
- ☐ Submit Handover Documents, a Safety Statement, a Bank Mandate, and Committee Minutes;
- ☐ Plan and submit Budget;
- ☐ Make sure to pay off any debts to all members.



If you have any queries, please contact the Clubs & Societies Office



How to set up a Club/Soc

Step 1: Reach out to Clubs & Socs Office



Email Mary MacCourt (mary.maccourt@mu.ie) or Mary Banahan (mary.banahan@mu.ie)

Step 2: Fill in all documents

- Type a letter of application addressed to the Societies/Clubs Management Committee, Maynooth University;
- Get 30 potential members to sign a form created by the Office;
- Complete New club/soc form;
- Complete the club/soc Constitution;
- List all committee members.



If you have any queries, please contact the Clubs & Societies Office