

## MU HOCKEY CLUB SAFETY STATEMENT

All members, please note, hockey is a semi-contact sport. When played properly, there is very little danger or health risks to players, but accidents may still occur. Only registered members are insured to play at training or at matches.

Due to covid-19, players will be required to do the following:

- Maintain social distancing where possible (2m)
- Regularly wash and sanitize hands before/after/during training
- Do not share equipment.
- Cover all coughs/sneezes with elbow or tissue.
- Do not come to training if feeling unwell or if you have recently been in close contact with a confirmed covid-19 patient.

### First Aid & Medical Emergencies

Emergency Services	112 or 999
Student Medical Centre(through switchboard)	01 708 3333
Security (24 hour radio)	01 708 3929
University Doctor, Dr Gaffney, Glenroyal Shopping Centre	01 629 1169

In the event of an **accident** medical attention may be required. A member of the **University's First Aid team** should normally be contacted. A list of University first aiders must be posted beside first aid boxes. The list is available below and is updated bi-annually, usually in March and September. Each Department is required to maintain a first aid box, which is adequately stocked.

If an ambulance has been called, **112 or 999**, Security staff should also be contacted to assist, they will direct the ambulance to the location of the incident. (**Mobile Security Number: 01 708 3929**) .

The first aid facilities are supplemented by medical supplies and equipment located in the Medical Centre, Student Services Centre, North Campus :

#### Opening Hours (Academic Term)

Monday-Friday 9.30am-12.30pm and 2pm-4.30pm  
(Thursday closed from 11.30am-1pm)

In an emergency contact the Medical Centre through switch  
01 708 3333 or Mobile Security Number 01 708 3929.

#### Out of Hours Medical Service

This service is provided all year by Dr. Gaffney, the University Doctor, Glenroyal Shopping Centre, 01 6291169.

**1. Minor Injury:** In the event of a minor injury, the First Aider should provide treatment. All first aid treatment must be recorded. The person receiving the treatment should be advised to seek medical attention if their condition worsens.

**2. Significant Injury:** The first aider should provide initial treatment or support until a member of the Medical Centre staff arrives. Contact via Switch/Security. The doctor on call can be summoned or the injured party can be brought to the medical centre or local surgery for immediate treatment. If there is any doubt the emergency services must be contacted.

**3. Major Injury:** The Emergency services must be contacted immediately, 112 or 999. First aid staff and medical staff must be alerted to provide assistance to minimise the injuries pending the arrival of the emergency services. Security staff - 01 708 3929 - can provide assistance and direct emergency services to the correct location on campus.

*Note All injuries must be reported to the University Safety Office. Report Form can be downloaded from "Welcome" page.*

Where injured persons are brought to the Medical Centre or Doctors Surgery by car, a first aider should accompany the injured party.

<b>Local Doctors</b>	<b>Numbers</b>	<b>Surgery hours</b>
Dr. Gaffney	01 6291169	Monday-Friday 8.30am - 12 noon Monday, Tuesday, Wednesday, Thursday 3pm-6.30pm by appointment. Fri 3pm-5.30 by appointment. Saturday 9am - 11.30am
Doctor on Call	01 6291169	After Surgery Hours - If Dr. Gaffney is not on-call a recorded message gives details of the Doctor on-call and the relevant contact telephone number.

**It is the University's policy to ensure that staff, students and persons using the Campus receive medical attention if it is required. Where our first aid or medical staff refers a casualty to the doctor the University will be invoiced.**